

# MONTHLY DIABETES GROUP VISITS



EVERY SECOND WEDNESDAY OF THE MONTH!

September 10th, October 8th,  
November 12<sup>th</sup> & December 10, 2025

5:00PM-6:30PM

LEOMINSTER COMMUNITY HEALTH & URGENT CARE CENTER  
165 MILL STREET

## FREE GIVE-A-WAYS!

Healthy Food, Weekly Pill Boxes, Yoga Mats,  
Exercise Bands, CGM supplies & more!

(While Supplies Last)

CHC providers are here to answer questions you may have about  
diabetes, nutrition and medication management.

- Open to the public
- No appointment needed
- Diabetes Group Nutrition Medical Visit
- Insurance will be billed
- Copays may apply



Visit our Nutrition page for up-to-date information!

[www.chcfhc.org/nutrition](http://www.chcfhc.org/nutrition)

Please Check-in at Front Desk!

WWW.CHCFHC.ORG  
978-878-8100

