

Endodontics Post Operative Instructions

Post Treatment Care:

It is normal to feel some tenderness in the area for a few days after your root canal or apicoectomy treatment, as your body undergoes the natural healing process. You may also feel some tenderness in the jaw from keeping it open during the procedure. These symptoms are temporary and respond well to over-the-counter pain medications.

- Do not eat anything until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue.
- Do not chew or bite on the treated tooth until you have it fully restored by your dentist.
- Be sure to brush and floss your teeth as you normally would.

What to expect following Endodontic Therapy:

It is not uncommon for a tooth to be uncomfortable or even to experience a dull ache immediately following the procedure. This can be controlled with Ibuprofen or Tylenol and should subside within several days.

- Your tooth may be sensitive to biting pressure and may even appear to feel loose. This feeling will also go away within several days.
- There may be a soft temporary filling material in the tooth - do not be alarmed if this filling wears down or even falls out before your next visit.
- Try to chew on the opposite side from the tooth that was treated until you have a crown placed. Until that time, your teeth are in a weakened state and could fracture.
- Avoid chewing gum, caramels, popcorn or other sticky soft candy which could dislodge the temporary filling or fracture your tooth.
- If you are prescribed antibiotics, take ALL medication as directed.

**IF YOU HAVE PROLONGED OR SEVERE PAIN, SWELLING, BLEEDING OR FEVER,
CALL YOUR DENTIST IMMEDIATELY FOR AN APPOINTMENT. 978-878-8100, Monday-Friday, 8:00am-5:00pm.**

After business hours please go to the emergency room.