

Mission

CHC is a nonprofit, federally qualified multi-site community health center with locations in Leominster, Fitchburg and Gardner.

CHC provides medical, urgent care, dental, behavioral health, optometry, substance use disorder services, podiatry and more to all regardless of health insurance status or income.



CHC's nutrition services with registered dietitian nutritionist, Alyson Comeau, can help you better understand your eating habits, how food affects your body and how you feel.

These 1:1 visits will help educate you about healthy food and improve health and biomarkers, wellbeing and overall life.



Our registered dietitian nutritionist and clinical pharmacist see patients at all of our health centers, including Telehealth.

Anyone may receive nutrition counseling services. You do not need to be an established CHC patient, but you may need a referral from your primary care provider.

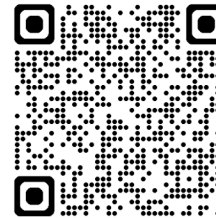
To receive pharmacy services, you must be a CHC patient.

Accepting new patients!

978-878-8100

www.chcfhc.org

326 Nichols Road, Fitchburg
130 Water Street, Fitchburg
165 Mill Street, Leominster
175 Connors Street, Gardner
529 Timpany Boulevard, Gardner



 **Community Health Connections**
We take great care of you!

Pharmacy & Nutrition Services at Community Health Connections



Schedule an appointment today!

Alyson Comeau, MPH, RDN, LDN

**Alexis DiGeronimo, PharmD. BCACP,
CDCES, TTS**

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Nutrition Services

Our dietitian offers 1:1/family nutrition counseling appointments for various conditions and diseases **including:**

- **Diabetes (Type 1, Type 2 and Gestational)**
- **Heart Disease**
 - **High Cholesterol**
 - **High Triglycerides**
- **Weight Concerns**
- **Sports Nutrition**
- **Eating Disorders**
- **GI Concerns**
- **General Health and Wellbeing**
- **And more**



Pharmacy Services

Our clinical pharmacist offers 1:1/family appointments for various conditions and medication reviews.

Alexis is a Certified Diabetes Education Specialist and has a passion for helping patients learn the best ways to manage their condition.

Services provided:

- **Medication Therapy Management (MTM)** - provides a comprehensive medication review, evaluates for potential to reduce medications, optimize current medications, assist with medication organization or forgetting to take medication.
- **Diabetes Education** - Review diabetes medications, current blood sugar/goals as well as lifestyle changes to help get to goal!
- **Collaborative Drug Therapy Management (CDTM)** - disease state specific visit where pharmacist teams with PCP to optimize medication therapy, can prescribe/order labs, etc. (Diabetes, Blood Pressure, COPD, Asthma, Smoking Cessation)

***Requires Referral from PCP**

Diabetes Group Visits

2025

September 10

October 8

November 12

December 10

Leominster Community Health & Urgent
Care Center, 165 Mill Street
5:00-6:30pm

Do you have any questions?
Please reach out and email our
Medical Specialties Manager,
Kelsey Morales
kmorales@chcfhc.org

No appointment necessary!

